

What are the Benefits of Occupational Therapy?

JOIN US

Thursday, April 4th

12 Noon

(Lunch at 11:30 am)



Ironton Senior Center
202 Park Avenue, Ironton

third¢er



arts. inspire. community. impact.

- What is Occupational Therapy?
- Exercises to increase mobility and strength.
- Falls prevention tips.
- Resources in your community to support your health and well-being.

Learn More About



Education will be presented by students in the Masters of Occupational Therapy Program at Shawnee State University.

The event is a partnership between **Shawnee State University**, the **Area Agency on Aging District 7, (AAA7)** and **Third and Center**, and the **Ironton Senior Center**.

Questions? Call the AAA7 at 1-800-582-7277 or e-mail info@aaa7.org